

FREE SCHOOL BREAKFAST

NOW AVAILABLE FOR ALL STUDENTS

During the 2023-2024 School Year, every student, regardless of income, attending any Rose Tree Media SD school will be able to receive a free nutritious breakfast to start their school day.



WHY WE'RE EXCITED



- When students can depend on receiving nutritious meals at school, it relieves the whole family of stress from the morning rush. No more drive-thru or convenience store lines making students late!
- Kids enjoy and need their sleep and may not be hungry first thing in the morning. Breakfast at school gives their bodies, belly, and brains time to wake up.
- Breakfast at school can be a nourishing mid-morning snack for students who have long commutes to school or activities before the school day begins.
- Students perform better on tests, have a better attention span, and have fewer visits to the school nurse for headaches. When their brains and bodies are well-nourished, they are less likely to be irritable in the classroom!
- Each breakfast is required to meet USDA nutrition standards. School breakfasts include nutritious foods like whole grains, fruits, and milk.

Have your child start their day right with delicious school breakfast!

